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The Bedroom Makeover Planning Guide

A free homeowner guide from bedrooms.id

Making a Small Bedroom Work

Furniture choices that help

- ☐ A platform bed instead of a bulky frame with a tall headboard
- ☐ Tall dressers or wall-mounted shelving instead of wide floor pieces
- ☐ Multi-purpose furniture: storage benches, beds with built-in drawers

Layout tips

- ☐ Keep at least 2 feet of clear walking space around the bed
- ☐ Use a light, cohesive color palette to open up the room visually
- ☐ Add one accent color rather than many competing tones

Choosing the Right Mattress

Match to your sleep style

- ☐ Side sleepers: generally do better with a softer, more cushioned feel
- ☐ Back/stomach sleepers: generally do better with firmer support
- ☐ Hot sleepers: look for gel-infused foam or hybrid coil constructions

Always use the trial period

- ☐ Most major brands offer 90-100 night trials — use the full window
- ☐ Give your body at least 2-3 weeks to adjust before judging a mattress
- ☐ For couples with different preferences, consider a hybrid or adjustable option

Bedroom Shopping Checklist

Before you shop

- ☐ Measure your room and note doorway/hallway widths for delivery
- ☐ Pick one or two anchor colors to repeat across textiles
- ☐ Decide your quality tier and rough budget upfront

Easy style wins

- ☐ Match metal finishes across lamps, frames, and hardware
- ☐ Refresh bedding, curtains, and a throw for a low-cost style update
- ☐ Add a rug to visually anchor the bed area in a larger room

Ready to design your bedroom?

Get a complete, personalized bedroom layout in 60 seconds at bedrooms.id, with furniture recommendations matched to your style and budget.

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